The Arc Bristol County

Administration Office

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Day Habilitation Services

5 Mill Street Middleboro, MA 02346 Tel: (508) 946-2121 • Fax: (508) 946-2195

Hillside Adult Day Health Care

50 Walton Street Attleboro, MA 02703 Tel: (508) 226-6150

proAbility

25 Thurber Blvd. Smithfield, RI 02917 Tel: (401) 233-1634 • Fax: (401) 233-1674

Taunton Area Resource Center

437 Bay Street Taunton, MA 02780 Tel: (508) 884-2971 • Fax: (508) 884-2964

The Arc of Greater Fall River

182 North Main Street Fall River, MA 02720 Tel: (508) 679-0001 • Fax: (508) 679-9375

The Arc of Greater New Bedford 412 B County Street

New Bedford, MA 02740 Tel: (508) 996-8551 • Fax: (508) 996-8553





Achieve with us. 2017 ANNUAL REPORT

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ABOUT THE ARC OF BRISTOL COUNTY

The Arc of Bristol County was founded in 1959 as a grassroots, non-profit 501c3 organization by a small group of Attleboro area parents who were concerned about the quality of life for their children with disabilities. Today, we serve over 2,000 children and adults with intellectual and developmental disabilities and their families, with a wide array of individually designed supportive services that assist people to live fulfilling lives as contributing participants in their community.

VISION

People of all abilities are empowered to succeed by making their own choices.

MISSION

To foster community partnerships, promote individual advocacy and create a pathway for growth and innovation by offering exceptional support and services to people with all abilities through the attraction, development and retention of superior talent who passionately demonstrate best practices.

WELCOME

Dear Friends of The Arc,

As we take this opportunity to reflect on The Arc's achievements over the course of the last year, we are amazed at the variety of ways in which our organization has touched the lives of so many people with intellectual and developmental disabilities (I/DD) and their families, at every stage of life. Here are a just few of the significant achievements we had this past year:

- Our Autism Now Center has been fully launched and certified through MassHealth and various third party insurances to provide critical services to children and adults with Autism Spectrum Disorders throughout our region. As a result, we now offer an array of services including educational advocacy, employment support and a newly designed Sensory room;
- As we break down barriers towards independence, we have been fortunate to partner with Comcast to a launch an Assistive Technology (AT) initiative across the entire agency in all regions. Our AT Coordinator had compiled best practice resources and is supporting staff to identify new strategies to maximize technology towards skill building;
- Our advocacy efforts continue to grow in all areas including Self Advocacy, Guardianship, Corporate Representative Payee and Trust Services. Due to increased need, the agency has launched a new Third Party Master Pooled Trust as another resource for families;
- Aging needs continue to be a focus of our service delivery. We were delighted to expand and

offer Memory Cafés to elders, while expanding our Hillside Adult Day Health Program.

• The Arc and proAbility have continued working hard on creative fundraisers to help bring services and programs that are not eligible for state funding. We are thankful to all of our supporters and partners who make the Arc stronger each and every day. As a result, we were able to secure over \$100,000.

After over a year of cross sectional stakeholder input, we were delighted to launch our new Strategic Plan (2016-2020) outlining 9 target goal areas consistent with our Core Values. Some of the key areas of focus include: increased self advocacy, enhanced technology, and new strategic partnerships. We hope that you will join us on our journey towards making these goals a reality.

On behalf of our entire community, we thank you for being a part of and enriching our movement, and we hope you enjoy learning about our successes.

Sincerely,

Richard Harwood Chair, Board of Directors

Michael Andrade President and CEO

Richard Harwood

> Michael Andrade

COMMUNITY IMPACT

MASSACHUSETTS

Adult Family Care 132 Community Supports 84 DESE/DDS Program 22 Education Advocacy 130 Extended Day 65 Fall River Resource Center 36 Family Support 300 Guardianship 316 Hillside Adult Day Health 85 Individual Supports 29 Information & Referral 373 Kids on the Block 8057 Middleboro Day Habilitation Services 38 Project Rec-Connect 592 Representative Payee Services 243 Residential Supports 16 Trust Services 130

RHODE ISLAND

Community Based Supports Day and Employment Services Home Based Children Services ProPartnerships Recreational Supports Residential Supports

Total Number of Employees 283 (includes MA & RI)

2017 SUMMARIES OF SERVICE

Child & Family Services MASSACHUSETTS

The Arc's Department of Child & Family Services offers a variety of supports and services. Our Family Support Center provides resources and supports to families and/ or individuals in the greater Taunton/Attleboro area. Our Coordinators work with each person to assess their needs and provide individualized supports that will be meaningful to them. Services include information and referral, case management and service navigations, trainings, supports groups, family networking and social and recreational opportunities. The Autism Now Center offers both home and community based programming to increase an individual's personal, social and behavioral independence using the principals of ABA. The Center also provides one-on-one meetings with Autism staff to assist in the planning and/or review of a child's Individualized Education Program; a variety of trainings, workshops and other events; and a resource library. The Arc's Sensory Room provides a quiet and respectable place of retreat to come and learn ways to stimulate the mind and body as well as relax and self-regulate. This space offers opportunities for self-discovery through meaningful sensory-based activities.

The Arc also provides DESE/DDS, Adult Companion, Individualized Home Supports services as well as extended day and Saturday program. All services are focused on helping individuals to further their independence within their homes and in the community. Adult Family Care, a home-setting health care program funded by MassHealth, offers Massachusetts residents who need assistance with activities of daily living, due to frailty, chronic illness, advanced age, or cognitive, physical or mental disability, the opportunity to live in a home with trained, paid caregivers.

Adult Services MASSACHUSETTS

The Arc's Adult Services covers a wide range of services and opportunities for adults with intellectual and developmental disabilities throughout Bristol County. Community Habilitation and Individual Supports allows individuals to live independently in their community while staff assist with skills such as budgeting, medical coordination, benefit management, shopping and other living skills. Community Directions takes place at the Vibra Hospital of Southeastern Massachusetts, giving medically fragile individuals with intellectual and developmental disabilities opportunities for individualized services and recreation. Shared Living provides individuals the opportunity to live with a caregiver in a family environment. Middleboro Day Habilitation Services provides a safe environment for individuals with intellectual and developmental

disabilities to explore skill areas including: independent living, sensory motor, behavioral, affective, social, communication and daily living. *Extended Day Programs* and *Project Rec-Connect* provides the supports participants need to engage in community-based outings, expand health and wellness habits and enjoy social and recreational activities.

Advocacy Services MASSACHUSETTS

Offered in the greater New Bedford, Fall River, Attleboro and Taunton communities, The Arc advocates for the rights of individuals and their families through assistance with guardianship and trusts, helping parents advocate for their children in schools, and teaching school children about their peers with differences. Guardianship allows The Arc to be appointed by the court to assume responsibility for making personal, medical and / or financial decisions on behalf of individuals with disabilities. Education Advocacy and Empowerment Program enables students with intellectual and developmental disabilities and their families to access essential adaptive and therapeutic services which they need to be academically successful. The Empowerment program provides training to family members enabling them to become advocates for their sons/daughters. Educational Advocacy and Empowerment has been offered in greater New Bedford and Fall River, and will now be offered in the greater Attleboro area. Kids on the Block is a United Way funded program that offers an unforgettable educational presentation with puppets to help students understand about their peers with intellectual and developmental disabilities in a fun and interactive manner. Trust Management provides options for individuals and families to financially plan for their loved ones future and preserve/maximize public benefits.

proAbility RHODE ISLAND

proAbility offers life-changing services for Rhode Island individuals and families. Among the growing initiatives at proAbility are: *proPartnerships* is a self-directed support service which empowers people with intellectual and developmental disabilities to have control over the services they receive. proAbility provides 24 hour and non 24 hour *Residential Services* to enable individuals to live in their own homes or apartments in the community. *Transitional Services* works with Rhode Island districts, students, and families to provide a variety of community based opportunities and other skill building trainings. *Community Based Supports* provides individualized therapeutic services to enhance the lives of children and adults with intellectual and developmental disabilities. *Shared Living* offers individuals opportunities to live in the community with a host family. proAbility's Recreation Program offers meaningful community experiences, day trips, seasonal activities and parties, and extended trips to those we support.

Hiilside Adult Day Health MASSACHUSETTS

The Arc's Hillside Adult Day Health Center in Attleboro provides an active and comfortable nursing home alternative and a solution to the difficulty of maintaining independence in the community. Delaying the need for nursing home care helps families retain financial stability. Participants are surrounded by nurses, a social worker and other dedicated staff who monitor medication, health issues, nutrition, and ambulation, while encouraging social participation through structured activities including exercise, art, music, and engaging conversation. Hillside assists elders and adults with disabilities to retain independent living skills and also provides them access to health education and preventative care. With regular attendance, participants benefit from daily health monitoring, nutritious meals, social camaraderie, and engaging activities that counteract loneliness and cognitive decline.

Autism Now Center MASSACHUSETTS

The Arc of Bristol County received a grant from the Lloyd G. Balfour Foundation to establish Autism Now Center for individuals and their families from the greater Attleboro region who have a diagnosis of Autism Spectrum Disorder (ASD) to receive the level of services they need to live and work in their community.

The Arc intends the Autism Now Center to be a resource for information, a location for therapy and services, and a hub for workshops, support groups, employment supports, and activities for individuals and families impacted by ASD. In April, we opened the Autism NOW Sensory Room in Attleboro as vehicle for community support and engagement. The sensory room is a quiet place of retreat for individuals to come and learn ways to stimulate the mind and body as well as relax and self- regulate. Educational Advocacy supports will be offered at area schools to help families navigate the special education system. The Arc will provide innovative services utilizing sensory equipment, assistive technology and behavioral therapies.

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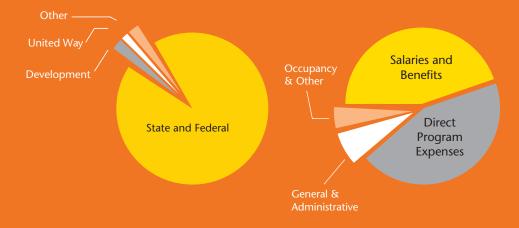
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REVENUE

EXPENSES



This statement is summarized from our unaudited financial statement. At your request, we will provide our audited statement upon its completion.

FISCAL YEAR 2016 - 2017

REVENUE:

State and Federal	11,720,000	93.78%
Development	168,000	1.34%
United Way	98,000	.78%
Other	511,000	4.09%
Total Revenues	12,497,000	100%
EXPENSES:		
Salaries and Benefits	5,588,600	44.72%
Direct Program Expenses	5,471,000	43.78%
General & Administrative	897,700	7.18%
Occupancy & Other	539,700	4.32%
Total Expenses	12,497,000	100%