# Achieve

Fall 2021







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### The 38th Annual State Reps Cup Golf **Tournament Another Success**

Monday, September 27th

The day couldn't have been better for a golf tournament as well as a platform to support Education Advocacy across the South Coast.

The State Reps Cup has been the corner stone of supporting Ed Advocacy since its inception, and with the continued support of State Representatives, this year's event was long awaited & surpassed everyone's expectations.

20 teams of golfers hit the course and every sponsorship level had a corporate partner. The resulting support reach a net profit of \$35,000.

We truly couldn't have the event without the extraordinary efforts of MA State Reps Antonio Cabral, Paul Schmid, Chris Markey, Christopher Hendricks and William Straus. We also want to thank all of our Sponsors for such an exceptional day, especially BayCoast Bank, Bristol County Savings Bank, First Bristol Corporation & Southcoast Hospital Group for being premier level sponsors! We look forward to the 39th event!

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### Welcome



Dear Friends,

As November brings many changes in the season, it also signifies the start of the holidays where we give thanks

and celebrate each other, especially as November has been designated as National Caregiver Appreciation month-be sure to reach out and thank all of our amazing caregivers and read the Caregiver Spotlight honoring Marina! As an organization, we have much to be thankful for and I want to express our sincerest thanks to our amazing community and supporters over the past few months, especially amidst this pandemic. Even with our limited restrictions, our day and recreation teams were able to put together some amazing fun throughout the fall month towards providing some Cheer, Rest and Relaxation!

In September, we joined thousands of other agencies across the country

to honor our Direct Support
Professionals-they are truly amazing
heros! We also hosted our second
virtual Arc Strong: Achieving
Dreams Walk, Run, Roll event.
Thanks to our sponsors, we were
able to raise over \$11,000 towards
supporting critical services. The
month came to a close with our
38th Annual State Representatives
Golf Tournament, where once
again, we had an amazing day
and raised over \$35,000 towards
supporting Educational Advocacy.

As we embark on December, our Park Street building is undergoing construction and we are delighted to announce that our Family Support Program has permanently relocated to 16 Hillside Avenue. Sadly, we must also share that our Hillside Adult Day Health program will be closing in January due to the impact of the pandemic. We are very thankful to our Hillside team for their dedication and support for over 35 years and sincerely wish all of our families and participants best wishes with their new programs.

We have also enclosed a copy of our 2021 Annual Report that highlights our impact and appreciation to our

donors and foundations who have supported us this past year. As the year comes to a close, please take a moment to consider supporting our Annual Appeal to raise funds to allow us to continue to share our message of civil rights and deliver quality services to the individuals and families who depend on The Arc each day. There is still time to donate to our Annual Appeal by making a secure donation online at www.arcnbc.org and take advantage of a charitable tax deduction by making a difference.

Towards celebrating the holidays, I hope that you will join us for our second virtual holiday celebration on 12/16/2021. Our team has done an exceptional job securing great talent and it will be a wonderful way to kick off the holiday season. Until then, my sincere thanks and best wishes for a joyous holiday season and prosperous new year!

Yours in Appreciation,

Michael Andrade President & CEO

### The 38th Annual State Reps Cup Golf Tournament Another Success







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#### Cheer and Fear

The Day Habilitation program spent the month of October celebrating Halloween. Programming has looked differently over the last year and a half to reflect increased safety protocols to limit the risk of transmission. To boost spooky spirits, the individuals had the opportunity to purchase ice cream from an ice cream truck. New employee, Kerrin Gould, arranged the ice cream truck to be brought to Mill Street the Friday before Halloween. The ice cream truck on-site was a small way to bring a piece of the community to the program since the

program is currently not participating in community outings.

Halloween is one of the top times of the year, if not number one for the Day Habilitation Program. Individuals and staff dressed up to spread cheer and fear! Individuals enjoyed the day of festive activities which included painting pumpkins, various art projects and listening to terrifying tunes. Despite the haunted aspect of Halloween, many smiles and laughter was shared with one another.







### **Rest and Relaxation**

We were finally able to take our Rec group on a much-anticipated vacation since 2019. We rented a beautiful house in the Cape, with a yard, pool and game room. They sailed on the Monomoy Island Seal Cruise in Chatham on the Nantucket sound. We cruised around and saw the Chatham Lighthouse where the seals came out to visit and say hello. We visited Provincetown for a day of shopping and sights. We saw the Pilgrim Monument, beaches and everyone picked up their souvenirs.

We also stopped in Wellfleet on our way back for a beautiful view and pictures. They swam a lot in the pool, went on go-carts, played mini golf; visited an arcade restaurant, hit the movies, and even visited candy shops for fudge and saltwater taffy. They had some great meals together in Hyannis, Dennis Port, and Yarmouth. Most importantly time shared with friends, creating new friendships, and making memories. Some of the things we all have missed over the past year and a half.



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### **Celebrating DSP Appreciation Week**

The Arc of Bristol County dba proAbility is honored to join thousands of other organizations in honor of Direct Support Professionals Recognition Week (September 12-18, 2021). Now more than ever, DSPs everywhere deserve our full support and appreciation for the amazing work they do every day. We all celebrate the work they do to help people with disabilities live full and happy lives.

From learning about individual interests and passions to helping people become more independent, our DSPs, are a dedicated group of hardworking individuals who play an important role in strengthening our entire communities and fulfilling our mission and values.

As we celebrated this special week, we are reminded that their talents demonstrate a level of care and commitment that is vital to the work that we do in helping those with developmental disabilities live meaningful lives as fully contributing members of their communities. Every day, more than 200 DSPs

share their love and dedication with more than 2,600 individuals with developmental disabilities and their families that we support.

Thank you DSPs for everything that you do! You are truly the heart of this organization and we could not have been moving through this challenging time without you.

To honor our DSPS, we will be holding a daily drawing and announcing (2) winners each day that will receive a \$100 prize for their outstanding efforts.

Winners were: Laura Klinedinst, Isaiah DaSilvia, Carl Wahl, Kelly Hiatt, Corey Cotoia, Maggie Hayes, John Souro, Rain Jolicoeur, Lisa Rullo, and Toumany Camara.



DIRECT SUPPORT PROFESSIONAL RECOGNITION WEEK

SEPTEMBER 12-18, 2021



RELIAS

### Another Successful Event

The event was held virtually September 18th. Thank you to our sponsors & donors for their generosity. Over \$11,000 was raised!

Thank you to these sponsors!

The Lopes Companies LLC
Bristol Wealth Group
BCS Charitable Foundation
Bristol County Savings
Starkweather & Shepley, Inc.
Economized Time Services



## Caregiver Spotlight!

**Marina Mekael** 



Although Marina Mekael has been caring for her brother since he was born, she became an AFC Caregiver at The Arc in 2009. The love and commitment that Marina has shown towards her brother is commendable. Marina has even stated that Beshov thinks of her as a second mother. Due to COVID, Beshoy was unable to attend his day program and Marina happily took on the role of providing 24-hour care to Beshoy for the past 16 months. Throughout the pandemic, Marina has provided exemplary care for Beshoy; she has worked diligently on perfecting Beshoy's diet and increasing his opportunities for exercise. Marina has been successful in drastically reducing Beshoy's blood sugar levels which has always been a concern. Marina has continued to shower Beshoy with love and affection as his sister while balancing her role as a caregiver committed to ensuring his health and wellbeing. Marina is appreciated and acknowledged for her dedication to her role as Beshoy's caregiver and it is for this reason that The Arc would like to acknowledge Marina Mekael in this caregiver spotlight!



# Inclement Weather and Emergency-Related Procedures:

Severe weather, fire, or power failure can disrupt program operations. When these conditions occur, The Arc's Administrative Team will decide whether to close or relocate operations.

The Arc will announce program cancellation for the benefit of program participants and their families/caregivers. Announcements will be posted on www.arcnbc.org and The Arc of Bristol County Facebook page, or you may call the Inclement Weather Hotline at 774-219-6179 or by calling our toll free number (888) 343-3301 then dial "8".

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#### Administration Office & Hillside Adult Day

16 Hillside Ave Attleboro, MA 02703

Tel: (508) 226-1445 • Fax: (508) 226-1476

Toll Free: (888) 343-3301 Web: www.arcnbc.org

Day & Family Supports 141 Park Street

Attleboro, MA 02703

Tel: (508) 226-1445 • Fax: (508) 226-1476

**Day Habilitation Services** 

5 Mill Street Middleboro, MA 02346

Tel: (508) 946-2121 • Fax: (508) 946-2195

proAbility

25 Thurber Blvd. Smithfield, RI 02917

Tel: (401) 233-1634 • Fax: (401) 233-1674

**Taunton Area Resource Center** 

437 Bay Street Taunton, MA 02780

Tel: (508) 884-2971 • Fax: (508) 884-2964

The Arc of Greater Fall River

182 North Main Street Fall River, MA 02720

Tel: (508) 679-0001 • Fax: (508) 679-9375

The Arc of Greater New Bedford

412 B County Street New Bedford, MA 02740

Tel: (508) 996-8551 • Fax: (508) 996-8553

### Achieve with us.



### WE HAVE MOVED

**Family Support News** 



#### **FAMILY SUPPORT HAS RELOCATED!**

The Arc of Bristol County's Family Support Department has permanently relocated to our 16 Hillside Ave office in Attleboro. The emails and phone extensions remain the same for FS staff. To meet with staff, please contact staff to make an appointment.



### NOVEMBER IS NATIONAL CAREGIVERS MONTH

We want to recognize all our Family Caregivers this month. Today, and everyday, we recognize the importance of your role. This is a time to recognize and honor family caregivers across the country. It offers an opportunity to raise awareness of caregiving issues, educate communities, and increase support for caregivers. Thank you for ALL you do!