

Family Support News



8-1-2025



Are you looking to connect with other caregivers? Do you have questions about how to best support your child? Are you looking to meet people who understand the ups and downs of caring for loved ones with disabilities?

Join Family Support Coordinator Ida Lindquist for our Parents' & Caregivers' Group!

IN-PERSON

Thursday

8/21/25

10:00am-11:00am

Family Support Center
140 Park Street 3rd FL
Attleboro

Snacks served.

Register below.

VIRTUAL

Tuesdays

7/22/25 &

8/19/25

7-8pm

Register to receive
the meeting
link by email

[REGISTER NOW](#)

Questions? Contact:
Ida Lindquist
Family Support Coordinator
ILindquist@arcnbc.org



Do you need help navigating the special education process or working with your student's school? Is your student eligible for DDS? We can help!



Schedule a
School Questions
Consultation here
by filing out the
online interest
form.



Transition to Adulthood Workshop

Date: Thursday, August 14th, 2025

Time: 6:00 – 8:00pm

Location: The Arc of Bristol County

Family Support Center

140 Park Street, 3rd Fl. Attleboro, MA 02703

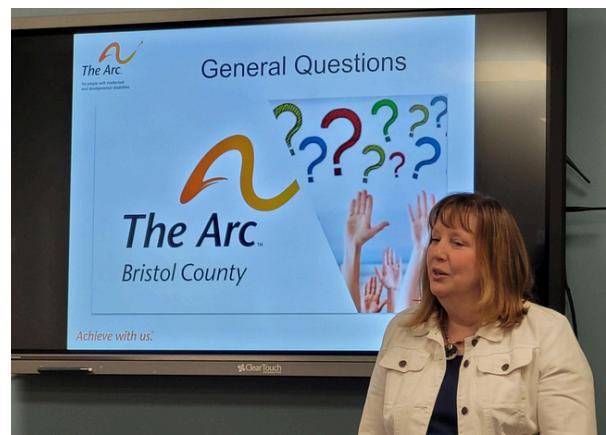
Transition planning for students starts at age 14 in Massachusetts. Applications for adult services in many areas should take place at the age of 18. Many families feel overwhelmed with the transition process. The Arc of Bristol County is here to help. Join us for a training workshop to learn about:

- Transition timelines
- How to address transition in your child's IEP
- How to begin navigating adult services

Families will come away with a one-of-a-kind binder with transition to adult services info neatly organized for you.

Advance registration is required by Monday, August 11th. Questions can be directed to Kristin Boisclair at KBoisclair@arcnbc.org.

[REGISTER NOW](#)



Follow The Arc of Bristol County on Facebook for daily information updates and further resource sharing!





You are invited to a ZOOM to learn about GATRA's transportation services

Hosted by The Arc of Bristol County



August 7th 11am-12pm
August 18th 7pm-8pm

Meet Kerri Victorio, GATRA's Community Engagement Coordinator

Topics of discussion:

- Application for Statewide Access Pass ID cards and what they are used for
- How to ride the fixed route buses
- Fare costs and using the GATRA Pay app
- Eligibility process for Dial-A-Ride/ADA Paratransit service
- How to book a DAR/ADA trip once approved and where you can travel to
- When you will need to recertify your eligibility



 REGISTER NOW





SOCIAL MEDIA SAFETY

AGES 16-25

THE DO'S AND DON'TS OF LIFE ON THE
INTERNET AND SOCIAL MEDIA



The Arc
Bristol County

HOSTED BY:

JENNIFER GAY

YOUR GROUP FACILITATOR



MONDAY AUGUST 11

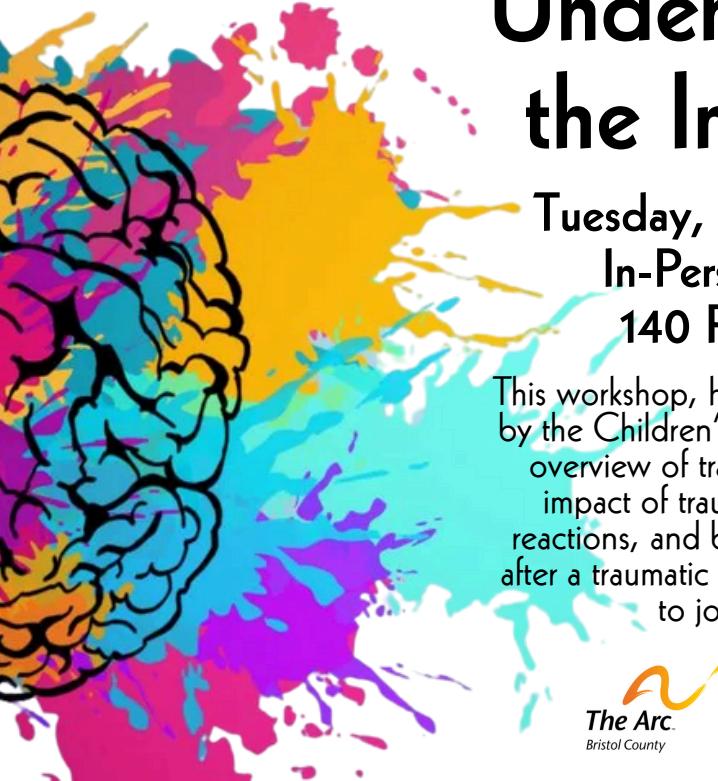


AT 5:30PM

140 PARK ST 3RD FLOOR ATTLEBORO

PLEASE SIGN UP HERE





Understanding Trauma & the Impact on Children

Tuesday, September 9th, 11:00am - 12:30pm
In-Person at the Family Support Center
140 Park Street, 3rd Floor, Attleboro

This workshop, hosted by our Family Support Center and presented by the Children's Advocacy Center of Bristol County, provides an overview of trauma and its impact on youth. Topics include the impact of trauma across the lifespan, common traumatic stress reactions, and best practices for responding to children and teens after a traumatic event. Both families and professionals are welcome to join us for this important in-person event.



REGISTER NOW



BACK TO SCHOOL

**Make & Take:
Visual Systems &
Coping Toolboxes**

Wednesday, September 24th
10am-11:30am

Community Autism Resources Office
40 Dean Street, Unit A, Taunton

Lead by Community Autism Resources and hosted by our Family Support Center, this small group, interactive clinic is designed to identify your or your loved one's specific need, create a visual system to meet that need, and discuss how to implement the system.

Visual information has tremendous implications for behavioral support, self-regulation, communication, and educational programming for neurodivergent people of all ages!

We're also making coping toolboxes to help ourselves or our loved ones with coping, calming, and self-regulation.



REGISTER HERE



Drawing Group with Justin



**Every Tuesday
3:00 - 4:00pm**

**Family Support
Center Office
140 Park St. 3rd Floor
Attleboro**

All adults are welcome to join Justin for his casual weekly drawing and coloring group.

Come every week or whenever you are available.

We provide the colored pencils, markers, and crayons, or you are welcome to bring your own. We also have blank paper and an assortment of different levels of coloring books, but if you want to work on something specific, feel free to bring your own materials.

Questions? Email Jacob, Autism Navigator, at JAnderson@arcnbc.org.



ASD Social

**Every Tuesday
6:00 - 7:00PM**

**The Southcoast LGBTQ+ Network
2 Knotty Walk,
Taunton**

Join this casual, drop-in social hour to meet new friends, have a snack, unmask, and partake in small, no stress activities like cards, board games, art, and more.

This group is for adults, except for the last Wednesday of the month when ages 13+ are also invited to attend along with a caregiver.

Attendees do not need to be a part of the LGBTQIA+ community to join the fun. Allies, support staff, family, and friends are also welcome! No registration required.

Questions? Email Jacob, Autism Navigator, at JAnderson@arcnbc.org.





Food n' Friends



FREE Community Meals

Monday

Every Monday, 3:45pm
La Salette Shrine Cafeteria
947 Park Street, **ATTLEBORO**

Thursday

Every Thursday, 4:30pm
VFW Post 115
122 Park Street, **ATTLEBORO**
Drive-thru and Walk-up available

Tuesday

Every Tuesday, 4:30pm
First Baptist Church
52 N. Main Street, **MANSFIELD**

Every Tuesday, 4pm
Good News Bible Chapel
235 West Street, **ATTLEBORO**
Drive-thru available,
*Meals provided by GNBC

3rd Tuesday of the Month, 5pm
Trinitarian Congregational Church
2 Pine Street, **NORTON**

Friday

Every Friday, 4:30pm
VFW Post 115
122 Park Street, **ATTLEBORO**
Drive-thru and Walk-up available

Saturday

Every Saturday, 11am
Centenary United Methodist Church
15 Sanford Street, **ATTLEBORO**

2nd Saturday of the Month, 5pm
Bethany Congregational Church
3 Rockhill Street, **FOXBORO**
Sit Down Meal

Wednesday

Every Wednesday, 4pm
First Baptist Church
75 Park Street,
NORTH ATTLEBORO

Every Wednesday, 4:30pm
VFW Post 115
122 Park Street, **ATTLEBORO**
Drive-thru & Walk-up available

Sunday

4th Sunday of the Month, 1pm
Centenary United Methodist Church
15 Sanford Street, **ATTLEBORO**

- All are welcome!
- No registration or ID required.
- Free GATRA Transportation.
- Sit Down and Grab & Go available unless otherwise noted.



Date: Saturday,
September 13, 2025
Worcester Regional Airport
375 Airport Drive
Worcester, MA

Please join us!

Registration is
required



For more information and to register, scan the QR code above or visit:

<https://www.charlesrivercenter.org/news-events/major-events/wings-for-autism/>

A FREE half-day event for parents, and their children with special needs to "practice" a trip to the airport.

Families get to experience:

- Entering the airport
- The check-in process and checking bags
- Security screening
- Boarding the plane
- Preparing for take-off
- Exiting the plane

Wings for Autism® was created by the Charles River Center, in collaboration with the Massachusetts Port Authority and TSA. The program began in 2011.

The Charles River Center, a member of the Arc, is based in Needham and Natick, MA and provides services and programming to more than 1,000 adults and children with disabilities.

This program is not sponsored by our Family Support Center. We are sharing so that families can explore on their own if they choose.